

"Grief is akin to praise; it is how the soul recounts the depth to which someone has touched our lives."

— Francis Weller

**TAPS**

**TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS**

**FAMILY NEWSLETTER**

**May 2024**

**HEAL**



### **They Tell Me of You**

Surviving Father Thomas Dolphin is comforted when he hears from Marines who served with his son. His poem, featured in the spring issue of *TAPS Magazine*, highlights the pride he feels knowing his son's battle buddies still speak his name and share stories about him often.

[Read the Poem](#)

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# LEARN



## May is Mental Health Awareness Month

The TAPS Institute for Hope and Healing® offers courses year-round to help you build coping skills and enhance your mental health. Make time for your healing and mental health this month, and register to attend **Grief, Healing, and Posttraumatic Growth After the Loss of a Loved One** on May 7 or **Emotional Intelligence With Others** on May 13. You can also access the institute's archives any time for a diverse collection of no-cost courses.

[Visit the Institute](#)

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# SHARE



## **TAPS Named TIME101, in Partnership with Gillette**

Every year, Time magazine highlights the 100 most influential people. This year, TAPS is proud to announce that we have been named the TIME101, in partnership with Gillette. Help us celebrate by tuning in to the TIME100 Gala special, airing Sunday, May 12 at 10 p.m. Eastern on ABC.

[\*\*Learn More\*\*](#)

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# HONOR



## **Good Grief Camper One of One**

Garrett Schmidt was the first-ever TAPS Good Grief Camp attendee following the loss of his dad, who was on board the same U.S. Army aircraft that took the life of TAPS President and Founder Bonnie Carroll's husband in 1992. Years later, Garrett's ties to TAPS and the military community still run deep. Read on to learn how his life and service carry forward the legacy of his father.

[\*\*Read Garrett's Story\*\*](#)

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# PLAN



## Register for a Military Survivor Seminar and Good Grief Camp

Join your TAPS family for a healing weekend at one of our seminars and Good Grief Camps. In addition to these core events, TAPS hosts unique experiences around the country throughout the year. Check [taps.org/events](https://taps.org/events) regularly for new opportunities to connect with your TAPS family, and check out the **TAPS Care Groups** and **TAPS Together** happening near you for support close to home.

**30th Annual National Military Survivor Seminar and Good Grief Camp**  
May 23-27, Arlington, Virginia

**Western Regional Military Survivor Seminar and Good Grief Camp**  
July 26-28, Scottsdale, Arizona

**Northeast Regional Military Survivor Seminar and Good Grief Camp**  
August 23-25, Buffalo, New York

**Southern Regional Military Survivor Seminar and Good Grief Camp**  
October 4-6, San Antonio, Texas

**Southeast Regional Military Survivor Seminar and Good Grief Camp**  
November 15-17, Destin, Florida

[Register for a Seminar](#)



## Online Groups

By Relationship, Peer Group, &  
Type of Loss

[Find a Group](#)



## Community Events

TAPS Together, Care Groups, & Events  
Happening Nationwide, Year-Round

[Find an Event](#)



## Team TAPS Events

Honoring Loved Ones at Events  
Nationwide

[Join the Team](#)



## Young Adults Events

In-Person & Online Events  
Survivors Ages 18-30

[Find an Event](#)



## Youth Programs

In-Person & Online Events  
School-Aged Survivors and Parents

[Browse Events](#)



## TAPS Institute

Workshops, Seminars, & Discussions for  
the Bereaved and their Supporters

[Browse Courses](#)

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**EMPOWER**



**Verify with ID.me**

TAPS supporter ID.me has empowered over 15 million members of the military community to use its portable login to easily and securely access benefits and services across the government and nonprofit and commercial sectors. Eligible TAPS survivors can create an ID.me account via the button below. Once verified, your personal account can access services from participating partners.

**Create an ID.me Account**

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# SUPPORT



## Carry the Load with TAPS

All throughout the month of May, TAPS will participate in the Carry the Load Memorial May campaign. No matter where you are in the country, you can be a part of this moving tribute to America's fallen. Walk a route near you, fundraise, or donate in honor of your hero. Click the button below to access routes, registration, and donation links.

**Be a Part of Memorial Day**

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Compassionate TAPS support is available 24/7 via our National Military Survivor Helpline: **800-959-TAPS** (8277).



**Donate**



If you no longer wish to receive the TAPS Family Newsletter, please email [info@taps.org](mailto:info@taps.org).