TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

Caring for the Families of America's Fallen Heroes





66 IN HONOR OF ALL WHO SERVED AND DIED > >



Dear TAPS Family and Friends,

As I reflect on the past year, I am filled with profound gratitude for the unwavering support that has allowed us to serve thousands of military and veteran survivors. This journey of healing, resilience, and community has been made possible through the dedication of our supporters, staff, and volunteers who work tirelessly to ensure that no grieving military family walks alone. Together, we have created a sanctuary of care and a community of compassion that brings hope to survivors during their most challenging moments.

In 2024, TAPS expanded its programs, deepened its partnerships, and found innovative ways to provide comprehensive support to our families. We welcomed **8,911 new survivors**, reaching out to military spouses, parents, children, siblings, family members, and friends who were grappling with the loss of their loved ones. Through our Good Grief Camps, Family Camps, seminars, and 24/7 Helpline, we have provided comfort and guidance at each step of their journey.

Because of your generosity, we have witnessed extraordinary growth in the reach and impact of our programs. Our Peer Mentors provided over **6,700** engagements for support, guiding newly bereaved survivors and fostering healing through TAPS Togethers and TAPS Care Groups. More than **940** grieving children found comfort in TAPS Youth Programs, receiving one-on-one support from a Military Mentor to navigate their grief. Across all programs, we delivered over **91,300** critical support services, ensuring survivors received the care and resources they needed. Through our national network of local community support, more than **12,200** survivors found connection, understanding, and hope — because of you.

The incredible impact of TAPS would not be possible without the generosity of our donors and partners, who share our vision of a world where every military survivor has the support they need to heal. Thank you for your steadfast belief in our mission, and for walking this journey with us. Together, we are a testament to the strength found in community and the profound impact of compassion.

With all my heart,

Bonnie Carroll

President and Founder

Tragedy Assistance Program for Survivors (TAPS)

Onne Carroll



TAPS YEAR IN REVIEW

★ 2024 ★

202-588-TAPS [8277]

TAPS IS HERE 24/7

for all who grieve a death in the military or veteran community

18,900+

CALLS with the 24/7 National Military Survivor Helpline



203,000+ SURVIVOR CONNECTIONS

with TAPS for comfort, care, and resources

24%

OF ALL NEW TAPS SURVIVORS

are grieving the death of their parent

8,911 NEW SURVIVORS

connected with TAPS

14.000+

SURVIVORS ATTENDED A TAPS EVENT

for grief support and community-building

\$584.7 M+ OF EDUCATIONAL BENEFITS

TAPS identified for military and veteran survivors

\$7.7 M + IN RETROACTIVE BENEFITS

secured for military and veteran survivors

600+ MILITARY MENTOR VOLUNTEERS

45.100 + VOLUNTEER HOURS

supporting the TAPS mission

Average of

24 NEW SURVIVORS

connected with TAPS each day

SURVIVOR SERVICES

- 7 24/7 National Military Survivor Helpline
- 8 Survivor Care Team
- **9** Peer Mentors
- 10 Casework
- 11 Education Support Services
- 12 Community Connections
- 13 Suicide Prevention, Intervention & Postvention
- 14 Policy & Legislative Achievements
- 15 TAPS Institute for Hope and Healing*
- 16 Military & Legacy Mentors

SURVIVOR PROGRAMS

- **20** Survivor Seminars
- 21 Youth Programs
- 22 Young Adults Program
- 23 Women's Empowerment
- 24 Men's Program
- 25 Outdoor Programs
- **26** Sports & Entertainment

ABOUT TAPS

- 27 Partners & Sponsors
- **28** TAPS International
- 29 TAPS Honor Guard Gala
- **30** Board of Directors
- 31 Funding



21%

of all new survivors who connected with TAPS in 2024 were children under the age of 18

RELATIONSHIP TO MILITARY AND VETERAN LOVED ONES

AMONG ALL SURVIVORS CONNECTED WITH TAPS IN 2024











26%
PARTNERS
spouses, fiance/e's,
significant others, etc.

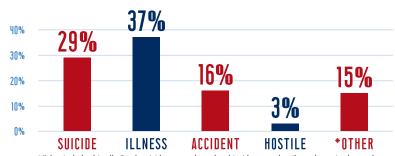
24% CHILDREN deceased was their parent

24%
LOVED ONES
may be over or
under the age of 18

17%
PARENTS
deceased was
their child

9%
SIBLINGS
may be over or under the age of 18

CAUSE OF DEATH AMONG ALL SURVIVORS CONNECTED WITH TAPS IN 2024

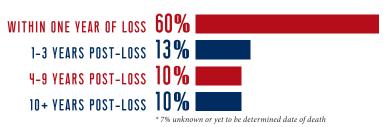


*Other includes friendly fire, homicide, noncombat-related incidents, nonhostile, undetermined, or unknown at the time of intake with TAPS. Numbers will vary upon connection with survivors to identify cause of death.

DUTY STATUS AMONG ALL SURVIVORS CONNECTED WITH TAPS IN 2024



LENGTH OF TIME SINCE LOSS AMONG ALL SURVIVORS CONNECTED WITH TAPS IN 2024



TAPS MISSION

TAPS is the national nonprofit organization providing compassionate care and comprehensive resources to all those grieving a death in the military or veteran community.



TAPS VISION

We honor our military and veteran service members by caring for all those they loved and left behind.

TAPS VALUES

AT TAPS WE:

HONOR AND REMEMBER: We fervently believe in cherishing and commemorating our fallen heroes, acknowledging military survivors as the living testaments to their loved ones' invaluable service and ultimate sacrifice. Their stories form the fabric of our nation's history, a legacy that deserves recognition and deep respect.

EMPOWER: Our commitment goes beyond providing solace; we strive to empower survivors with effective coping strategies, invaluable resources, and opportunities for meaningful connections. From the comfort of home to national platforms, we enable survivors to do more than just endure their grief — we help them transform sorrow into strength and purpose.

CONNECT: Recognizing the isolation that can accompany the grief of a military or veteran death, we ensure a constant lifeline of support. Our 24/7 nationwide network provides peer-based emotional assistance and crucial casework services, facilitating connections with those who truly comprehend their struggle and can provide the support they need.

EDUCATE: Our dedication extends to equipping survivors with knowledge about the best practices in bereavement and trauma care. We actively advocate for policies and legislative priorities addressing their needs. Our mission is to empower survivors with the understanding and resources necessary to navigate their grief journey with self-assuredness and resilience.

BULD COMMUNITY: We create supportive communities for survivors, honoring their unique experiences and engaging them throughout their grief journey and for the rest of their lives. Our ultimate goal is to cultivate a sense of belonging, enabling survivors to discover hope and healing within their pain, all while respecting their unique paths.



CORE SERVICES

24/7 NATIONAL Military Survivor Helpline

₹

PEER-BASED EMOTIONAL SUPPORT

 \star

COMMUNITY-BASED CARE

 \Rightarrow

CASEWORK ASSISTANCE



HOW WE HEAL

Twenty-four hours a day, seven days a week, we are a family of survivors ready to embrace and connect all who grieve a death in the military or veteran community with resources, services, and programs. TAPS provides support to survivors regardless of the manner of death, duty status at the time of death, survivor's relationship to the deceased, or survivor's place along their grief journey. TAPS is fortunate to work with leading experts in the fields of grief, bereavement, trauma, and peer support to integrate decades of research on military grief into action to help heal hearts.



SURVIVOR SERVICES



NATIONAL MILITARY SURVIVOR HELPLINE TAPS IS HERE 24/7

Always here, always listening, always ready: TAPS provides unwavering support, understanding, and comfort.

The TAPS National Military Survivor Helpline is the only 24/7 resource dedicated solely to those grieving a military or veteran loss, providing immediate access to compassionate peer professionals trained in grief, trauma, crisis intervention, and suicide postvention. In 2024, the helpline enhanced its services to uphold best practices, ensuring survivors receive emotional support, casework assistance, and connections to life-changing TAPS programs. Staff are trained to American Association of Suicidology (AAS) accreditation standards, offering informed, compassionate care to those navigating grief and trauma.

2.525

new 2024 survivors (28% of all new 2024 survivors) first connected with TAPS through the 24/7 National Military Survivor Helpline 4,478

calls (25% of all incoming in 2024) to the National Military Survivor Helpline were made during evening, weekend, and holiday hours



18,901

CALLS WITH THE 24/7 NATIONAL MILITARY SURVIVOR HELPINE

WHEN SURVIVORS
REACH OUT.
TAPS HELPLINE
CUSTOMIZED
CARE IS HERE.

There are three top reasons survivors connect with TAPS:

EMOTIONAL PEER SUPPORT

CASEWORK ASSISTANCE

CONNECT WITH OTHERS
OF A SIMILAR LOSS

When I called the TAPS 24/7 Helpline, I was lost, shattered by grief, and didn't know where to turn. The person on the other end listened to me with such compassion and told me about a TAPS seminar. Attending that seminar didn't just help me — it saved my life. I found hope, connection, and a community that understands my pain. TAPS gave me the strength to keep going and reminded me that I don't have to face this journey alone.

- SURVIVING MOTHER

IN 2024

10.800+

survivors engaged with the Survivor Care Team

91,000+

messages of comfort, hope, and understanding shared with survivors

28,100+calls with survivors

When the weight of loss feels overwhelming, TAPS Survivor Care Team is there—offering not just comfort, but the strength to carry on. They remind me that I'm not alone in this journey, that hope can be rebuilt, and that love endures in the hearts of those who walk beside me.

- SURVIVING PARTNER

2,550

customized Resource Kits sent, providing comfort and resources to

4.316

military and veteran survivors

250,000+

copies of the quarterly *TAPS Magazine* provided for free to military and veteran survivors and supporters

SURVIVOR CARE TEAM

PROFESSIONAL PEER-BASED EMOTIONAL SUPPORT

Empowering healing, the TAPS Survivor Care Team provides compassionate support for every journey.

The Survivor Care Team, a dedicated team of peer professionals who have experienced loss in the military and veteran community, provides compassionate, personalized support to survivors. They connect survivors with others who share a similar loss, fostering meaningful relationships beyond phone calls through direct support at TAPS events and local engagements. By creating safe spaces and maintaining ongoing contact, they offer peer-based emotional support, customized resources, and connections to online community groups, empowering survivors with the tools and strength to navigate grief with hope and resilience.



PEER MENTORS

TAPS PEER SUPPORT

Healing together, the TAPS Peer Mentor Program provides compassionate, grief-informed, and miltary culturally competent peer support, fostering lifelong connections for grieving military and veteran survivors.

The TAPS Peer Mentor Program empowers survivors at least 18 months post-loss with evidence-based training to support newly bereaved survivors. These Peer Mentors provide one-on-one guidance, lead Care Groups, host TAPS Togethers, and serve as Peer Leaders at events, fostering connections through shared experiences. In 2024, TAPS introduced an enhanced Peer Mentor Model™, integrating the TAPS Bereavement Model™ to equip mentors with grief-informed skills and intervention techniques. This approach ensures meaningful support throughout the grief journey, creating a healing experience that benefits both mentors and mentees.



TAPS Hero Wall,
I see our love, heartache,
and hope. Even years later,
TAPS and my Peer Mentor
reminds me my son, all
our loved ones, and
their service are
never forgotten.

- SURVIVING MOTHER

230 new Peer Mentors trained

6,700+
connections with
survivors

7,076
new 2024 survivors
connecting with TAPS
over the age of 18



When my husband passed, I was overwhelmed with grief and the sudden financial uncertainty. TAPS stepped in with emergency financial assistance that bridged the gap, helping me keep a stable home for my children while we waited for the life insurance. That support was truly life-saving — it gave us breathing room to grieve without the constant fear of losing everything.

TAPS SURVIVING PARTNER
 WITH SCHOOL-AGE CHILDREN

CASEWORK BENEFITS & RESOURCES

With compassionate solutions, TAPS Casework delivers personalized support for military and veteran survivors to navigate the complexities of a death.

In times of deep grief, survivors often face a daunting maze of paperwork to access vital resources and benefits. Our Casework team steps in to advocate, helping survivors navigate urgent needs like funeral honors, benefits, financial aid, legal concerns, and document retrieval. Survivors and third-party organizations — including national service groups, government agencies, and funeral homes — turn to us for support. The demand for our Casework team's assistance grows as more military-surviving families seek help.



Supporting survivors of a military death through the complexities after the loss of their military member

6.508 SURVIVOR SUPPORT CASES RESOLVED

Official Papers | Employment Headstone | Health Care Investigations | Line of Duty Legal Cases | Medals Personal Effects | Burial Flags



Providing emergency financial support in their greatest time of need

\$306K+ IN EMERGENCY FINANCIAL ASSISTANCE

Groceries | Mortgage/Rent
Post-Mortem Cleaning
Travel Costs | Burial Expenses
Moving Expenses | School Supplies
Clothing | Tutoring | Holiday Support



Retroactive benefits awarded to survivors with the support of TAPS Casework team

\$7.7 M + RETROACTIVE BENEFITS SECURED FOR MILITARY & VETERAN SURVIVORS

DFAS (SBP and AOP) | VA (DIC, Survivors' Pension, and Burial Allowances) | OSGLI (SGLI, VGLI and SGLI-DE)

EDUCATION SUPPORT SERVICES SURVIVOR EDUCATION BENEFITS

TAPS connects military and veteran survivors with tuition waivers, benefits, and scholarships for academic success.

TAPS Education Support Services is dedicated to inspiring hope and guiding our survivors as they pursue their dreams. We provide personalized support, helping them access scholarships, education benefits, and resources that ease financial stress and open doors to future success.

For survivors entering postsecondary education, we align their aspirations with federal, state, and private benefits, reducing their financial burden. Our team is recognized for its expertise in identifying, aligning, and maximizing educational resources to make higher education accessible.

Graduating seniors and college-bound survivors receive a TAPS Education Care Package, featuring a customized Education Resource Report with information on campus resources, financial aid, scholarships, and education benefits — plus thoughtful items to support them on their journey.

1,300+ Survivors projected to connect with TAPS for educational benefits in 2025

The TAPS College Experience is an annual three-day event in Washington, D.C., and Arlington, Virginia, preparing teens and parents for college. In 2024, **67 military survivors** joined us at TAPS headquarters to learn about resume building, budgeting, networking, education benefits, FAFSA, scholarships, and the college application process.

We connect students to resources at all levels, from K-12 through postgraduate and technical training. In 2024, we identified tuition reduction and waiver opportunities in all 50 states, including for senior citizens, embracing learning as a part of the grief journey. We are committed to empowering diverse students to achieve their goals and heal through education.

\$584 M + state and private education benefits and scholarships identified for military and veteran survivors





OUR SUPPORT IS RIGHT NEXT DOOR

700+Care Groups

4,100+
survivors attended online
and in-person Care Groups

150+
TAPS Togethers

1,300+ survivors attended TAPS Togethers

2,200+survivors received a
Community Resource Report

2,000+
survivors received a
Counseling Connection

CARE GROUPS & TAPS TOGETHERS COMMUNITY CONNECTIONS

Caring together, thriving together, the TAPS Community-Based Care program provides support and wellness for survivors in the comfort of their local community.

TAPS Care Groups, led by at least one Peer Mentor and often a mental health professional, provide military survivors with supportive spaces to connect in person or virtually. These groups offer a safe environment for survivors to give and receive peer support, build meaningful relationships, and share stories of their loved ones. Together, we heal, honor those we've lost, and carry forward their legacies.

At TAPS Togethers events, military and veteran survivors come together through activities like coffee meetups, Honor and Remember ceremonies, and Gold Star Family Memorial Monument dedications, creating meaningful connections. These free, one-day gatherings offer survivors a supportive space to connect, build community, and inspire each other. In 2024, survivors joined in diverse activities nationwide, including Friendsgiving events, wreath-laying ceremonies, air shows, family picnics, Memorial Day parades, and memorial visits.



SUICIDE PREVENTION, INTERVENTION & POSTVENTION

SUPPORTING SURVIVORS OF SUICIDE LOSS

Building hope and sharing growth, the TAPS Suicide Prevention and Postvention program leads the support for the military and veteran communities.

TAPS supports 27,000+ survivors grieving a suicide loss, offering the TAPS Suicide Postvention Model™ to help them navigate this profoundly challenging experience. Our Suicide Prevention and Postvention team provides immediate stabilization, emotional support, peer-based assistance, specialized care connections, and tailored resources for suicide-loss survivors. Since launching the National Military Suicide Loss Survivor Seminar and Good Grief Camp in 2009, we have provided dedicated support and education. Additionally, TAPS conducts trainings on suicide prevention, intervention, and postvention, sharing expertise and personal insights through consultations and partnerships.

Suicide-loss survivors attending the National Military Suicide Survivor Seminar were asked to complete a survey to assess the impact of the seminar on their post-traumatic growth and level of hopefulness.

Among all responses, suicide-loss survivors reported:

91% INCREASE IN POST-TRAUMATIC GROWTH
94% INCREASED HOPEFULNESS

2,565

new suicide-loss survivors connected with TAPS in 2024

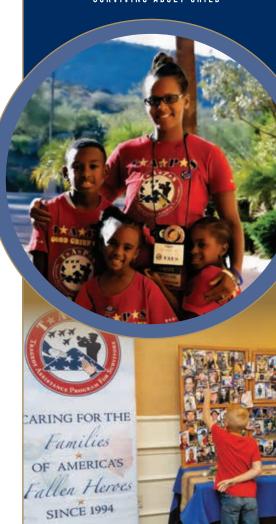
486

suicide-loss survivors attended the 16th Annual National Military Suicide Survivor Seminar and Good Grief Camp in 2024 29%

of all new survivors who connected with TAPS in 2024 grieve a service member or veteran who died by suicide

6 After my father's suicide, I felt lost and alone, unsure where to turn. TAPS reached out to me through their Survivor Care Team, and I have also called the 24/7 Helpline, which gives me immediate support when I need it most. Attending the TAPS Suicide Survivor Program connected me with others who truly understand this unique pain, and it helped me find strength and hope again. TAPS has become my lifeline, a community that has helped me begin to heal and remember that I'm not alone in this journey.

- SURVIVING ADULT CHILD



TAPS hosted the second annual GOLD STAR FAMILIES ADVOCACY WEEK in September 2024.

Nearly **150** surviving spouses and children (ages 5 to 76), visited **350**+ congressional offices, educating on the needs and experiences of America's military survivors.

KEY ACCOMPLISHMENTS:

- ★ Partnered with35 fellow VeteranService Organizations
- ★ Advocated for four key survivor issues:
 - Love Lives On Act
 - Caring for Survivors Act
 - Young Adult Healthcare Parity
 - Honor ALL Gold Star Families
- ★ Met with 90+ currently seated Senate offices and more than half of the House offices
- ★ Added 20 new co-sponsors per bill
- ★ Hosted 350 attendees at the TAPS Joint Congressional Reception with the Elizabeth Dole Foundation (EDF)

POLICY & LEGISLATIVE ACHIEVEMENTS

VOICE OF MILITARY & VETERAN SURVIVORS

TAPS advocates for all military survivors across all manners of death, all duty statuses, eras of service, and relationships to the deceased.

In 2024, the TAPS Government and Legislative Affairs team led efforts to pass important survivor legislation:

- ★ Fry Scholarship Enhancement Act, which allows surviving spouses and children of those who die in the 120 Day Release from Active Duty (REFRAD) period access to education benefits under the Fry Scholarship
- * Education benefits for remarried surviving spouses through the Department of Veterans Affairs (VA)
- * Eliminating the "Hold oneself out to be married" clause through the VA

In 2024, TAPS was instrumental in working with Congress to introduce additional important legislation within the 118th Congress impacting survivors.



TAPS INSTITUTE FOR HOPE AND HEALING® CONNECTING WITH EXPERTS

The TAPS Institute for Hope and Healing® empowers the bereaved and enhances the expertise of professionals with evidence-informed grief support and wellness education.

5,600+

individuals connected with the TAPS Institute for Hope and Healing® for training

In 2024, the TAPS Institute for Hope and Healing* enhanced services by supporting individual survivors and bereaved families. This program introduced 35 courses across workshops in three key areas.

Well-being & Self-awareness: Courses focus on growth with grief, finding a new normal, enhancing health, navigating grief, and fostering self-reflection for personal growth.

Interpersonal Skills & Relationships: Courses enhance community building, foster positive relationships, improve emotional intelligence, and teach how to handle challenging conversations for a healthy grief journey.

Purpose, Leadership, & Growth: Courses cover cultivating life's meaning, personal growth, comprehensive leadership development, and adapting to life changes.





DARE TO LEAD™

PROGRAM

Over 2,000 military survivors completed 6 cohorts (82 workshops) of Brené Brown's Dare to Lead™ program, a 22-week journey focused on building courage, resilience, trust, and values. This powerful experience fosters deep connections and equips survivors with skills for courageous leadership.



PODCAST CLUB

TAPS survivors have dedicated hours to Dr. Brené Brown's podcasts, gaining insights on innovation, creativity, and leadership from cultural pioneers. Dare to Lead™ alumni in the podcast club guide discussions that align with its principles, inspiring meaningful life changes. Their contributions have launched new initiatives, engaging 50+ survivors across 12 programs and workshops, totaling 100+ hours of collective engagement and showcasing the program's powerful impact on the survivor community.

We are there to honor their loved one, we are there to support the children and guide them, as well as ensure, that they are still part of our military community long after the end of the Good Grief Camps.

- 2024 MILITARY MENTOR OF THE YEAR, SGT. 1ST CLASS NICOLE MCMINAMIN, U.S. ARMY



MILITARY & LEGACY MENTORS

IN HONOR OF THEIR SERVICE

TAPS Military and Legacy Mentors support children on their grief journey, providing enduring support and mentorship for a lifetime.

Mentorship from adult role models is vital for surviving military children. Military Mentors — military service members or veterans — volunteer one-on-one with grieving children in TAPS Youth Programs, offering crucial support and guidance. This experience fosters growth, understanding, and healing for both the children and the mentors, who often find comfort in processing their own grief through this meaningful connection.

600+ MENTOR ENGAGEMENTS WITH SURVIVING MILITARY FAMILIES VIRTUALLY & IN-PERSON IN 2024

33,600+
hours volunteering

Legacy Mentors are survivors who attended TAPS Good Grief Camp as surviving military children and have now graduated and returned to mentor younger survivors. TAPS Legacy Mentors represent how the community of TAPS walks alongside survivors to remember the love, celebrate the life, and share the journey.

60 LEGACY MENTORS

volunteered their time to support other surviving military and veteran children





SURVIVOR PROGRAMS



Caring for the Families









★ SURVIVOR SEMINARS 🖈 YOUTH PROGRAMS 🖈 YOUNG ADULTS PROGRAM 🖈 WOMEN'S EMPOWERMENT



of America's Fallen Heroes









🛪 MEN'S PROGRAM 🛪 OUTDOOR PROGRAMS 🛪 SPORTS & ENTERTAINMENT 🛪 TAPS INTERNATIONAL







WHAT DO SURVIVORS GAIN BY ATTENDING A TAPS SEMINAR?



TAPS seminars help survivors connect with others who share a similar grief experience



TAPS seminars offer new skills, tools, and information to help with their grief

OTHER BENEFITS OF ATTENDING SEMINARS

reported attending
TAPS seminars helped
them understand
their grief

reported attending
TAPS seminars gave
them hope for the future

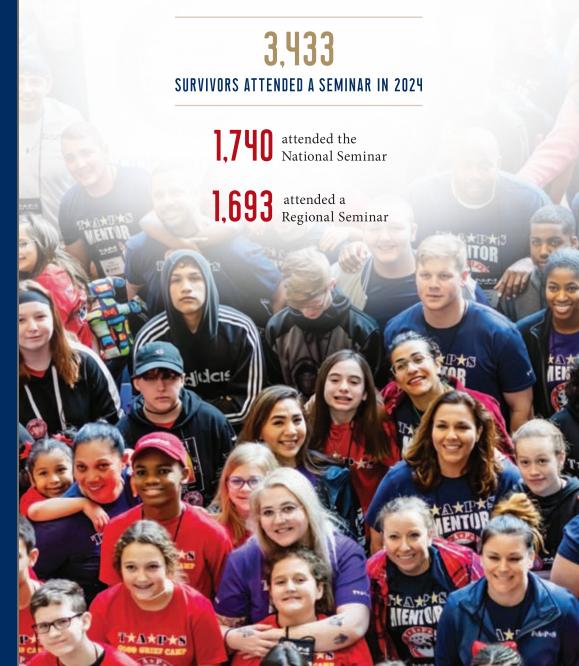
reported TAPS seminars gave them new information to help cope with grief

reported TAPS
seminars helped
them to feel
socially connected

MILITARY & VETERAN SURVIVOR SEMINARS LOVE LIVES ON

TAPS events provide support, resources, connections, and safe spaces for grieving survivors to honor the life and legacy of their military or veteran loved one.

TAPS survivors build community, connect with experts, and experience hope when attending a TAPS Military Survivor Seminar. Each year, TAPS hosts regional and national seminars open to all military and veteran survivors in all phases of their grief journey. TAPS seminars are safe spaces for survivors to share stories of their military loved ones and experience a community of hope and healing.



YOUTH PROGRAMS

NURTURING HEARTS & BUILDING BONDS

TAPS provides grieving children and teens a safe haven for processing grief and trauma with supportive connections.

1,810 NEWLY BEREAVED CHILDREN CONNECTED WITH TAPS IN 2024

The death of military loved ones leaves behind survivors of all ages. We help our young survivors build a community of support for their grief. Children and teens process emotions at our virtual and in-person Youth Programs and connect with other young survivors. Children, teens, and families learn how to talk openly about their loss, recognize ways of coping, build positive coping behaviors, and safely share their feelings.

943 children attended a TAPS Youth Program in 2024 90%

Parents and caregivers reported the experience was helpful for their child(ren) to cope with their grief 755
children attended
a TAPS Good Grief
Camp in 2024



TAPS EARLY CHILDHOOD CARE

For our youngest survivors under five, TAPS offers tailored care and programming, giving parents peace of mind that their child is safe and nurtured, allowing them space to focus on their own healing.

children under the age of five cared for by TAPS Early Childhood Care in 2024



AFTER ATTENDING GOOD GRIEF CAMP

75%

of parents and caregivers reported their child was more open to talk or share about their grief.

79%

of parents and caregivers reported noticing positive changes in the behavior of their child.

YOUNG ADULTS PROGRAM

LIVING LEGACIES

The Young Adults Program guides grieving military and veteran survivors ages 18 - 30 along life transitions, building hardiness, resilience, and connections.

Transitioning into adulthood can be a challenge, especially while grieving the loss of an important person. The TAPS Young Adults program bridges the gap between our youth and adult programming, serving all survivors ages 18 - 30. For our young adults, we focus on care, connection, and well-being. This one-of-a-kind program connects military survivors with a community of peers, supports them with life transitions, and offers mentorship for growth in a safe and age-appropriate environment.



WOMEN'S EMPOWERMENT

TRANSFORMATIVE JOURNEY OF GROWTH, PURPOSE, & COMMUNITY

TAPS provides a therapeutic program fostering women's resilience and growth with grief.

The TAPS Women's Empowerment program uplifts bereaved women, helping them move forward with joy, resilience, and gratitude. Focusing on mind, body, and spirit, it offers clarity, personal growth, and a renewed sense of identity. Through in-person and online activities like art, journaling, mindfulness, movement, and sharing circles, women gain tools for transformation, deepen their connections, and navigate grief with courage and intention. Together, we embrace healing, hope, and the strength to move forward bravely.

women attended Women's Empowerment events in 2024

Attending the TAPS
Women's Empowerment
program was a turning point
for me. Surrounded by other
strong women who understood
my journey, I found space to
rediscover myself, to grieve, to
heal, and to grow. I left with a
renewed sense of purpose and
hope, ready to move forward
with joy and resilience,
knowing I'm not alone
on this path.

- SURVIVING PARTNER

Attending the TAPS
Men's Retreat gave me
something I hadn't felt in a
long time — a place where
I could let down my guard,
connect with others who
truly understand, and start
to heal. Sharing stories,
struggles, and laughter
with these men reminded
me I'm not alone in this
journey, and that together,
we can find strength to
face the future.

- SURVIVING FATHER

100%

of attending men agreed that the Men's Retreats have helped them feel socially connected

MEN'S PROGRAM

PRACTICAL TOOLS, SHARED STORIES, REAL CONVERSATIONS

The TAPS Men's Program forges deeper bonds and expands supportive grief resources for fathers, husbands, brothers, sons, and battle buddies. The program creates spaces where men can feel safe and not judged, allowing themselves to become vulnerable and open to share.

In 2024, our Men's Program expanded to address the unique needs of grieving fathers, husbands, brothers, sons, extended family members, and battle buddies. With tailored support groups and specialized events, the TAPS Men's Program has become a vital source of camaraderie, understanding, and healing for men navigating the complexities of grief.

men's events welcoming

364 male survivors



SURVIVOR OUTDOOR PROGRAMS

EMPOWERING FAMILIES THROUGH HEALING WITH NATURE

TAPS Outdoors enhances well-being, strengthens bonds, and nurtures connections for families within the TAPS network through transformative outdoor opportunities, from in-person programs like TAPS Togethers, Retreats and seminars to TAPS Institute for Hope and Healing® webinars and TAPS Magazine articles.

In partnership with the National Park Trust, families learn transferable skills through therapeutic outdoor recreation, like fly-fishing, forest bathing and mindfulness practices, front-country camping, and navigating outdoor spaces safely, all immersed in the majestic landscapes of our nation's national parks. The TAPS Family gathers at parks nationwide from the George Washington Memorial Parkway, Sequoia and Kings Canyon, Rocky Mountain, New River Gorge, Mammoth Cave, and the Great Smoky Mountains.

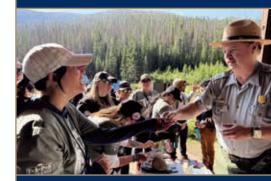
133 NATIONAL PARK PASSES GIVEN TO MILITARY AND VETERAN SURVIVORS

161 OF SURVIVORS ATTENDED A TAPS OUTDOOR PROGRAM IN 2024



In nature, I found the space to breathe, to reflect, and to release. Surrounded by the quiet strength of the trees and the open sky, my grief felt understood. Nature didn't ask me to move on; it simply offered peace and a place to heal, helping me carry my loss with newfound strength and grace.

- SURVIVING SIBLING



THE IMPACT OF HEALING IN THE OUTDOORS

90%

of respondents reported that attending Outdoor Programs and Retreats helped them feel more connected to their loved one

88%

of respondents strongly agreed that attending Outdoor Programs and Retreats showed them how the outdoors can help them cope with their grief

95%

of respondents strongly agreed that being in the outdoors is helpful in their grieving process

2024 IMPACT REPORT

162
Sports & Entertainment engagements honoring

418
military deceased

2,000
attendees connected with Sports & Entertainment for meaningful engagements honoring the life and service of their military loved one

SPORTS & ENTERTAINMENT

CONNECTING THROUGH SHARED MOMENTS

TAPS Sports & Entertainment brings survivors together to build new memories and celebrate the lives of America's fallen.

Our Sports & Entertainment programs go beyond single events; they create lasting memories for survivors as they connect with others who understand their journey. Through the TAPS sports program, teams4taps, survivors engage meaningfully with sports teams and athletes their loved ones admired, sharing stories and honoring their heroes. These unique experiences become a powerful, healing part of the grief journey. Similarly, Stars4TAPS offers opportunities to create new memories by visiting film and television sets and screenings, as well as concerts and theater performances. These moments foster connection and celebrate the lives and service of their loved ones in truly special ways.



TAPS was honored at the TIME 100 Gala in partnership with Gillette. Families of the fallen attended a VIP screening of the Six Triple Eight in Washington, D.C. and the Espy Awards in Los Angeles.



TAPS survivors honored their fallen heroes at a variety of teams4taps events, including throwing the first pitch at a Miami Marlins game; announcing a first-round draft pick at the 2024 NFL Draft; attending a South Carolina Stingrays hockey game; being honored as Anthem Buddies for the 2024 USA Basketball Men's Olympic Team; and attending an international experience with Wrexham A.F.C.



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T*A*P*S* INTERNATIONAL



International Delegates attending TAPS National Survivor Seminar

TAPS INTERNATIONAL WAR GRIEF TO POSITIVE PEACE

TAPS International leads a global movement to bring hope and healing to families grieving the death of a military or conflict-related loved one, uniting a powerful network of more than 50 country partners through the Global Federation of Organizations Caring for Families of Military and Conflict Deceased.

At the heart of this alliance is the TAPS Model of BereavementTM, a peer-based, survivor-driven approach that transcends language and culture to create resilient, compassionate communities of care. By sharing this model worldwide, TAPS empowers organizations to meet the unique emotional needs of survivors, fostering understanding, solidarity, and a lasting legacy of love in the face of profound loss.



Formation of TAPS Italy

Standing with TAPS Ukraine at Christmas

With British War Widows on Remembrance Day

Supporting Somali partners

TAPS book on coping with grief published in Polish



Speaking at the NATO Summit

TAPS visit to South Korea to establish Widows Group

Korean surviving children visited TAPS

Signed MOU with partners in Sierra Leone



Resilience training in Ouagadougou, Burkina Faso



Resilience training in Kyiv, Ukraine

TAPS HONOR GUARD GALA



TAPS.ORG/DONATE

HONOR THE FAMILIES OF THE FALLEN

SPONSOR A TABLE AT THE TAPS HONOR GUARD GALA

The 2024 TAPS Honor Guard Gala, held at the historic National Building Museum in Washington, D.C., was an unforgettable evening of remembrance, reflection, and resolve. With more than 800 distinguished guests in attendance, including military leaders, corporate partners, philanthropic supporters, and families of the fallen, the gala raised an exceptional \$1.5 million in support of TAPS programs. These vital funds sustain our yearround services, including grief counseling, peer support, Good Grief Camps for children, regional survivor seminars, and our 24/7 National Military Survivor Helpline. This ensures that all those grieving a loss of a military or veteran loved one are met with around-the-clock care, connection, and hope.

The evening honored those who exemplify the heart and mission of TAPS. Ashlynne Haycock-Lohmann, a surviving daughter and long-serving member of the TAPS staff, received the prestigious Senator Ted Stevens Leadership Award for her unwavering dedication to the families of the fallen. We also recognized our Military Mentor of the Year, SFC Nicole McMinamin, of the United States Army, who continues to go above and beyond her volunteer scope to support bereaved children at TAPS Youth Programs and Good Grief Camps. As we continue to celebrate the resilience of our families and the strength of our community, we extend an open invitation to everyone who shares our mission of honor and remembrance.

By sponsoring a table, you will not only enjoy a memorable evening alongside distinguished guests, but you will also stand shoulder to shoulder with the families of the fallen, ensuring they never grieve alone. Your sponsorship funds the life-saving programs for all those living with grief and trauma by providing constant access to peer support and customized programs to help heal hearts and rebuild lives after loss.

Join us in making a lasting impact. Become a table sponsor and be a part of a night that honors lives, celebrates legacies, and brings healing to those who carry the cost of freedom.

> TO LEARN MORE ABOUT SPONSORSHIP. PLEASE EMAIL GALA@TAPS.ORG

DONATE

- 🖈 Combined Federal Campaign
- * Employer-matched giving
- * Planned or estate giving
 - * Vehicle donation

FUNDRAISE

- * Host a Facebook fundraiser
- * Host or support a fundraiser
- Race with Team TAPS
- \star Donate to a racer with Team TAPS

SHOP TO SUPPORT TAPS

- * TAPS Store
- * Tribute Tiles

SPONSORSHIP

- * Honor Guard Gala
- * TAPS Programs and Services



TAPS is a 501(c)(3) nonprofit

organization and is funded by the generosity of donors who care deeply about our nation's legacy of service and sacrifice.

For more on these ways to support TAPS, visit TAPS.org/Support or email Development@TAPS.org

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BOARD OF DIRECTORS

A MESSAGE FROM THE CHAIRMAN OF THE BOARD OF DIRECTORS



DEAR TAPS FAMILY AND SUPPORTERS.

As Chairman of the Board, I am honored to share the incredible impact TAPS has made in 2024, thanks to the generous support of our dedicated community. Last year, TAPS brought strength, compassion, and hope to 55,000+ military survivors, providing vital resources and connection to those grieving the loss of a loved one.

Our commitment to excellence and transparency is reflected in our GuideStar Platinum rating and strong fiscal health. With every dollar entrusted to us, we remain dedicated to maximizing impact. In fact, \$0.86 of each dollar goes directly to survivor programming, ensuring that your support reaches those who need it most.

Our 24/7 National Military Survivor Helpline was there for 18,901 calls offering immediate support and guidance. Our Survivor Care Team provided personalized care to survivors, responding with empathy and understanding in their most challenging moments. At the 30th Anniversary National Military Survivor and Suicide Loss Survivor Seminar and Good Grief Camp, we connected with 1,740 survivors in our nation's capital for a weekend of honor, remembrance, friendship, and healing.

At the heart of TAPS services is our Survivor Care Team. This is a team of survivors helping survivors to heal. In 2024, this team alone had over 70,000 connections with other newly bereaved survivors. These connections welcomed survivors into the comprehensive suite of all TAPS services and programs, ensuring every survivor receives customized support, unique comfort, and compassionate care.

With the support of our donors, partners, and volunteers, we are committed to our mission of ensuring no survivor walks alone. Together, we honor the legacy of our fallen heroes by uplifting those they left behind.

With deep gratitude,



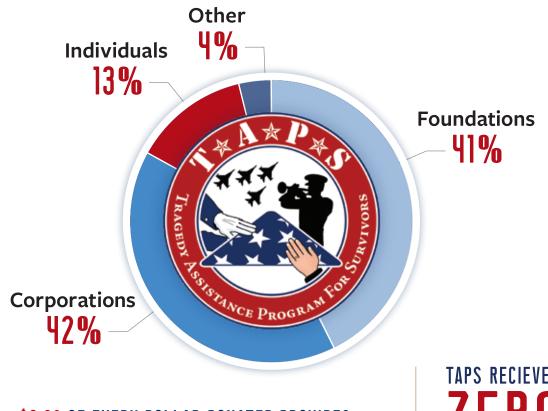
John B. Wood

CEO and Chairman of the Board, Telos Corporation Chairman of the Board, Tragedy Assistance Program for Survivors

2024 FUNDING REPRESENTED BY OUR DONORS

WITH GRATITUDE FOR YOUR SUPPORT

TAPS is able to provide programs and services for military survivors thanks to the \$15.8 MILLION invested by individuals, corporations, estates, and foundations.



\$0.86 OF EVERY DOLLAR DONATED PROVIDES
DIRECT AND IMMEDIATE SUPPORT TO TAPS SURVIVORS

TAPS RECIEVES
ZERO
Government Funding

86%

SURVIVOR PROGRAMS FOR THE LOVED ONE'S OF AMERICA'S FALLEN 17% SURVIVOR SERVICES
53% SURVIVOR PROGRAMS
30% SURVIVOR EVENTS

4% FUNDRAISING

to provide survivors with 24/7 care and support

ADMINISTRATION keeping the lights on

^{*}The financial results included in this report may contain unaudited figures. TAPS' complete audited financial statements can be found at TAPS.org/Financials.

TRAGEDY ASSISTANCE PROGRAM FOR SURVIVORS

Caring for the Families of America's Fallen Heroes



Your generous donation of funds, time, and talent supports the TAPS mission.

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2024 IMPACT REPORT