

SOUL INJURY

Few people have been with 10,000 dying veterans. Five VA hospice nurses have. What these nurses witnessed is providing lessons for the rest of the world. The lessons are about how to attain personal peace, and ironically, these lessons have come from people who were trained for war and from people who were dying. The nurses discovered a phenomenon that has is now identified as "Soul Injury."

This 8hr-program will be broken into four distinct modules:

- Soul Injury: A Wound to Your Sense of BEing
- Liberating Un-mourned Loss and Hurt
- Fear of Helplessness and Loss of Control
- Dare to Forgive!

Who should attend? Child protection advocates, mental health providers, victim advocates, educators, domestic violence staff, child-care workers, social workers, first responders, nurses, nursing students and other medical professionals.

August 7, 2025 8:30 a.m. – 4:30 p.m.

Community Hospice and Palliative Care 4266 Sunbeam Road Building 100 Jacksonville, Florida, 32257

NO COST

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Instructor, Deborah Grassman, Nurse Practitioner Led by Deborah Grassman, the five nurses left the VA to start Opus Peace, a non-profit organization with a mission of taking the Soul Injury® message to people who are not veterans and to people who are not dying. These pioneering nurses now provide educational materials and self-help tools to help people learn how to selfcompassionately connect with the part of self-holding their pain and shame, allowing people to re-connect with their soul – with who they really are. A Nurse Practitioner, Deborah Grassman is the author of two books, Peace at Last and The Hero Within. She is a contributing author for four textbooks, has 25 published articles, and there are five documentary films featuring her work. Deborah directs the Opus Peace Institute where leaders are trained in how to provide programs that respond to Soul Injuries because, she contends, that 10,000 dying veterans have lessons the rest of us need to learn!

Instructor, Angela Snyder, RN, MSN, MHA, CHPN

Angie Snyder is a hospice and palliative care nurse who has worked in the hospice industry for more than 24 years. Angie is the Executive Director of Opus Peace, a non-profit based in St. Petersburg, Florida. She has a passion for end-of-life care and a passion for spreading awareness about Soul Injury and helping individuals find more inner peace. She has provided workshops and lectured to both professional and lay audiences on the topics of Soul Injury, Caregiver Well-Being, Forgiveness, Wholistic Tools, Loss and other related topics. Angie has also provided Caregiver ceremonies and Fallen Comrade Ceremonies in her own community and with other organizations.

Registration Link: <u>https://web.spcollege.edu/survey/38272</u> For registration assistance contact: <u>Brown.Kathi@spcollege.edu</u> - 727-344-8027 For course information, contact: <u>Morris.Wayne@spcollege.edu</u> - 727-341-4631

St. Petersburg College is committed to equal access/equal opportunity in its programs, activities, and employment. For additional information visit <u>www.spcollege.edu/eaeo</u>. To inquire about other training opportunities contact us at: 727-341-4123 For more information about Opus Peace, go to: <u>www.OpusPeace.org</u>

*6 CEU hours are offered to Nurses and Counselors.